



## Private Practice Dietitian – Optimum Intake

**Position Available:** Team Leader - Dietitian

**Location:** Central Coast / Newcastle   **Hours:** Full-time

### Position Summary

As a Dietitian Team Leader at Optimum Intake Dietitians, you will step into a rewarding and multifaceted role that blends hands-on client care with strategic leadership responsibilities. We are actively seeking a dynamic and motivated individual to lead our team of dedicated dietitians, guiding them to deliver exceptional services and foster an environment of growth and collaboration.

In this unique split role, you will spend two days each week working directly with clients, conducting individualised assessments, and providing evidence-based nutrition counselling. Your expertise and empathetic approach will empower clients to take charge of their health and wellness, making a positive impact on their lives.

Moreover, your leadership position will encompass three days a week, allowing you to shape the direction of our practice and drive it towards greater success. As the Dietitian Team Leader, you will be at the forefront of coordinating and optimising team operations, ensuring seamless scheduling and efficient workflows. Your exceptional organisational skills and ability to balance client-centred work with leadership responsibilities will be instrumental in maintaining a well-functioning and client-centric practice.

One of the most rewarding aspects of this role is the chance to inspire and mentor our team of dietitians. Your guidance and support will foster a collaborative and growth-oriented culture, encouraging professional development and the pursuit of excellence among our staff. As a leader, you will have the opportunity to make a lasting impact not only on our clients' lives but also on the careers of your fellow dietitians.

At Optimum Intake Dietitians, we value your input and believe in promoting clinical autonomy within evidence-based practices. Your expertise and insights will be highly valued as you contribute to the continuous improvement of our services and offerings. You will have access to quality resources and cutting-edge tools to enhance your efficiency and effectiveness in providing care to clients.





We recognise the importance of work-life balance for our team members. As a Dietitian Team Leader, you will have the flexibility to manage your schedule effectively, ensuring that you can meet both client and leadership commitments without compromising your personal well-being.

Joining our team as a Dietitian Team Leader offers a unique opportunity to combine your passion for client care with your leadership abilities. Your contributions will not only positively impact our clients but also shape the future success and growth of our practice. We are excited to welcome a driven and compassionate professional like you to our team and together create a thriving and fulfilling environment for everyone at Optimum Intake Dietitians.

### **Responsibilities:**

#### **1. Client Work (2 days a week):**

- Conduct individualised assessments and provide evidence-based nutrition counselling to clients within the private practice community setting.
- Provide personalised 1:1 nutrition consultation as an in-clinic/telehealth/home-based service, seeking to help our community's older adults remain independent and well nourished at home.
- Areas of practice often include individual assessments and reviews, practical food-based interventions, facilitating individually tailored and structured services and collaborating as part of wider multidisciplinary teams.
- Liaise with family, carers, support persons and other allied health professionals.
- Cultivate a compassionate and supportive environment for clients, ensuring they feel motivated and empowered throughout their journey.
- Be supported with access to a wide range of professional development activities, resources, regular supervision and team training.

#### **2. Leadership Position (3 days a week):**

- Lead and inspire our team of dietitians, fostering a collaborative and growth-oriented culture.
- Delegate responsibilities effectively, ensuring optimal workflow and efficient practice operations.
- Oversee the scheduling and coordination of client appointments to maximise clinic efficiency.
- Provide guidance and mentorship to team members, encouraging professional development and continuous learning.
- Lead and facilitate team meetings, training, shadowing and supervision
- Connect with local community stakeholders, build the profile of our services in the local area. As a resource and support to our community.

#### **3. Practice Development:**

- Contribute to the development and implementation of business strategies to enhance the practice's growth and success.
- Utilise your business acumen to identify opportunities for expansion and improvement.
- Collaborate with the leadership team to drive innovation and deliver exceptional client experiences.
- Uphold our positive reputation and track record of providing excellent care. Our well-regarded practice offers a sense of pride and confidence in all that we do.
- Continue to support our ethical, cultural and professional values in all aspects of the practice.



### Qualifications and Requirements:

- Employed position with competitive remuneration package based on experience and performance.
- Tertiary qualifications in nutrition and dietetics, as recognised by Dietitians Australia.
- Active registration as an Accredited Practising Dietitian (APD) status according to the criteria set by Dietitians Australia.
- Proven leadership experience, or willingness to learn.
- Genuine interest to work in the community setting, supporting older adult nutritional needs
- Strong communication and interpersonal skills, with the ability to connect with clients and team members effectively.
- Demonstrated clinical expertise and knowledge of evidence-based nutrition principles.
- Ability to balance client-focused work with administrative and leadership responsibilities effectively.
- Proficiency in time management, prioritisation, and problem-solving.
- Confidence to liaise with Doctors and other Health Professionals.
- Desire to work in a private practice setting and is self-motivated and willing to seek new opportunities to further build on our existing networks.
- Current NSW drivers license and own transport
- Public indemnity and liability insurance, working with children check, criminal record check Flu vaccination + Covid-19 vaccinations
- Previous experience within a private practice setting is preferred.
- Flexible work arrangements



## Benefits:

- Employed position with competitive remuneration package based on experience and performance.
- Superannuation + Travel loading
- Regular supervision and clinical training
- Financial support for CPD + Education in Nutrition subscription
- All equipment required including laptop, mobile phone, tablet & Foodworks subscription
- Access to employee exclusive offers and discounts from a range of big-brand retailers.
- Professional and highly trained administrative staff support
- Personable, supportive and cohesive team culture
- Electronic patient software, calendar management
- Access to a robust resource library
- Opportunity to develop own interest/focus area of nutrition within the team
- Opportunity to make a difference in clients' lives and lead a team of dedicated professionals.
- Collaborative and supportive work environment.
- Flexible working hours to accommodate client and leadership responsibilities.

Are you ready to embark on a fulfilling dietetics career journey? Optimum Intake Dietitians invites you to be part of our legacy. We're not just offering a job; we're inviting you to join us in our pursuit of excellence, empowerment, and innovative healthcare. As a new team member, your fresh perspectives and enthusiasm will be vital in shaping our future.

If you are a motivated and skilled dietitian with a passion for leadership, we invite you to take the next step in your career and apply now by submitting your resume and a cover letter outlining your suitability for the role.

Apply now and share your favourite food to celebrate with us!

**Apply today! Send your expression of interest and resume to:**

**Rachel Tutill**

**Email:** [rachel@optimumintake.com.au](mailto:rachel@optimumintake.com.au)

**Phone:** 0499 008 451

Interviews will commence as favourable applications are received.