

## Private Practice Dietitian – Optimum Intake

**Position Available:** Multiple Dietitian Positions

**Location:** Central Coast / Newcastle

**Hours:** Flexible from part-time to full-time capacity

### Position Summary

Unique opportunity for an experienced Dietitian to join our established team of private practice dietitians delivering exceptional services across a range of practice areas. If you are seeking a refreshing experience of working within an in-person team environment that values team culture and autonomy, client connection, supportive services and meaningful outcomes we would love to meet you. Thrive in private practice dietetics and be supported by a team of dietitians with ongoing training and career progression. This varied role offers flexibility, mixed caseload with in-clinic, telehealth and community based service delivery opportunities.

### About Optimum Intake

Optimum Intake Dietitians provide services across the Central Coast, Northern Sydney and Newcastle areas. Our services span across the clinical dietetics, community aged care, residential aged care and disability sectors. Our wide scope of practice supports clinicians to develop skills in a range of areas with the potential to develop key interest topics and areas of expertise.

Our philosophy and nutrition practices are based around the Health at Every Size HAES® paradigm using a Non-Dieting, Intuitive Eating, client centred counselling approach with our clients. We are passionate about supporting dietitians to deliver exceptional service with patient centred care always at the core.

We take immense pride in our accomplishments, which mirror the values we hold dear – integrity, quality, and innovation. These achievements stand as a testament to our positive reputation within both the community and the broader industry. Optimum Intake was awarded the Dietitians Australia 'Quality in Primary Care – large business division' 2021, finalists in the Primary Care Leader – Service Provider award for the HNECCPHN 2022 and a finalist for the Dietitians Australia Presidents Award for Innovation 2023. Our award achievements exemplify the high calibre of service, professionalism, and dedication that you will be a part of.





## About the Position

With continued growth in our company, we are specifically seeking a dietitian to join our team and help us strive towards achieving our vision “to inspire health and wellbeing through the enjoyment, satisfaction and the simplicity of food in the delivery of our nutrition services to the community”. Our mission is to strive to be adaptive, creative and innovated when serving the needs of our clients. To deliver service excellence and exceed our clients expectations and encourage whole team contribution to new initiatives, service design and continuous improvements to service development and delivery. With structures and systems in place the successful applicant will feel empowered when learning core skills in supporting clients within the private practice setting. Be guided with team based frameworks and strategies to optimise the learning and implementation of these new skills.

Areas of practice often include individual assessments and reviews, practical food-based interventions, facilitating individually tailored and structured services and collaborating as part of wider multidisciplinary teams. Grow your confidence with access to a wide range of professional development activities, resources, regular supervision, peer mentoring program, regular team training and social activities.

Our team have developed relationships with local medical and allied health professionals providing a varied referral pool. The successful applicant can expect a challenging, stimulating and diverse caseload. The role would be best suited to someone with a desire gain experience from a wide variety of nutrition areas, wanting to establish long term rapport and working relationships with clients and referrers, and who has confidence and communication/advocacy skills. You will receive specific training in-line with the skills required to provide optimal dietetic services to our varied client base and learn new assessment and counselling techniques promoting long-term nutritional health and wellbeing.

## What we offer:

- Employed position with competitive remuneration package based on experience and performance.
- Superannuation + Travel loading
- Regular and ongoing professional supervision and a 12 month internal peer mentoring program
- A dedicated team leader and comprehensive training program that covers clinical skills, client communication, administrative tasks, and practice protocols
- Financial support for Continuing Professional Development: Education in Nutrition subscription, webinars, workshops and conferences.
- All equipment required to thrive in your role including laptop, mobile phone, tablet & Foodworks subscription
- Access to employee exclusive offers and discounts from a range of big-brand retailers.
- Professional and highly trained administrative staff support
- Personable, supportive and cohesive team culture
- Innovation through access to modern technology, electronic health records, telehealth platforms, and digital tools that streamline client communication and record-keeping
- Access to a robust resource library, evidence-based resources, databases, research articles, tools and equipment and clinical guidelines
- Opportunity to develop own interest/focus area of nutrition within the team
- Opportunity to make a difference in clients' lives and work with a team of dedicated professionals.
- Our positive reputation and established client base providing a strong foundation for building a successful career.
- Flexible work arrangements



### Essential Criteria:

- Tertiary qualifications in nutrition and dietetics, as recognised by Dietitians Australia. Eligible for Accredited Practising Dietitian (APD) status according to the criteria set by Dietitian's Australia.
- Proficiency in time management, prioritisation, and problem-solving.
- Excellent communication (written and verbal) skills with the ability to adapt communication style to suit target audience
- Confidence to liaise with Doctors and other Health Professionals.
- Desire to work in a private practice setting and is self-motivated and willing to seek new opportunities to further build on our existing networks.
- Current NSW driver's license and own transport
- Professional indemnity and liability insurance, working with children check, criminal record check, Flu vaccination + Covid-19 vaccinations

Are you ready to embark on a fulfilling dietetics career journey? Optimum Intake Dietitians invites you to be part of our legacy. We're not just offering a job; we're inviting you to join us in our pursuit of excellence, empowerment, and innovative healthcare. As a new team member, your fresh perspectives and enthusiasm will be vital in shaping our future.

Apply now and share your favourite food to celebrate with us!

**Apply today! Send your expression of interest and resume to:**

**Rachel Tutill**

**Email:** [rachel@optimumintake.com.au](mailto:rachel@optimumintake.com.au)

**Phone:** 0499 008 451

Interviews will commence as favourable applications are received.